

## CROESO I MOLLY'S WELCOME TO MOLLY'S

Welcome back, and to kick off 2019 in style we have made slight but much requested tweaks to our popular menu.

Our menu is created by our executive chef from our sister restaurant; The Tavern on the Bay in co-operation with our own excellent chefs and management team here at Molly's.

This menu brings together dishes that have worked well at both restaurants within the group and includes flavours of a great American Steakhouse at fantastic value.

As well as our menu, we will have live entertainment throughout the year and specific events for all our guests to enjoy.

Thank you very much and here's to a good 2019.  
Diolch ac gobeithio fydd 2019 yn blwyddyn dda.

Jarra Hunt  
Manager

## Starters & Lite bites



Soup of the day with ciabatta bread (v)	£5
Crispy calamari & garlic mayonnaise	£5
Nachos 2 share (v) (salsa, guacamole, sour cream, mozzarella)	£7
Fried chicken strips & Cajun Mayo dip	£5
Deep fried halloumi, tomato & basil salad with balsamic glaze	£5
Shredded beef with chilli, ginger & spring onion sauce	£6
Platter 2 share (calamari, chicken strips, onion rings, tempura jumbo prawns & dips)	£12

## Lunch

Served between 12-230pm Friday to Saturday only

Duck wrap with hoisin sauce and salad	£6.50
Cheese and tomato toasted ciabatta	£5.75 (v)
Chicken club sandwich, mayo, gem lettuce, tomatoes and red onion	£7.50
Molly's veggie omelette with rocket	£8.50 (v)
Molly's ham omelette with rocket	£9.50

### Side orders

Garlic bread/with cheese	£3/£4
House salad & ranch dressing	£2.50
French fries	£2.50
Corn on Cob	£2.00
Chunky Chips	£2.50
Onion Rings	£2.50
Sweet potato fries	£2.50
Buttered mash	£2.50
Coleslaw	£1.50

## Mains

Chargrilled chicken breast £12.95  
Leek, smoked bacon & Cream sauce,  
Sautee new potatoes & seasonal vegetables

Breaded whole tail scampi £11.95  
salad, tartare sauce, lemon wedge & chunky chips

Roast welsh Lamb Rump £13.95  
Red-currant & Mint gravy,  
creamed potatoes & baby carrots

Teriyaki marinated salmon fillet £12.50  
with egg noodles & stir fry vegetables

Chicken Caesar Salad £10.95  
Chargrilled chicken & crispy bacon with  
homemade Caesar dressing and croutons

Authentic Thai Green Curry  
Fragrant Coconut rice, mango chutney and flatbread

With Chicken £11.95

With King prawns £13.95

With Vegetables £10.95

Moules Frites £11.95  
Menai Mussels in white wine, garlic and cream,  
skinny fries and ciabatta

Sweet Potato Roulade (VE) £10.95  
Cajun spices on roasted chickpeas, green beans  
& cherry tomato

### Burgers with Fries

(On a toasted brioche, with gem lettuce, tomato,  
relish and onion rings)

6oz welsh black beef, £11.25  
Monterey jack cheddar & crispy bacon

Southern fried chicken fillet, Cajun mayo £11

Chickpea & butternut patty, £10.75 (v)  
fried halloumi & tomato salsa

6oz welsh lamb & mint burger with £11.25  
a side of mint yoghurt

### Fajitas

(With flour tortillas, fried onions & peppers, sour cream, guacamole &  
salsa)

Chargrilled Cajun chicken £11.50

Chargrilled rump steak £12.50

Cajun Stir fry vegetables £9.50 (V)

## Steaks

Seasoned & flame grilled with balsamic glazed tomato, field mushroom & your choice chips

12oz gammon	£13
(served with pineapple and egg)	
10oz Ribeye	£15.50
12oz Rump	£15
Molly's mixed grill	£16.75

(6oz steak, 6oz gammon, 2 sausages, onion rings, black pudding and fried egg)

### Sauces & Toppings

Peppercorn	£2
Blue cheese	£2
Béarnaise	£2
Garlic butter king prawns	£5
Garlic herb butter	£1.50

*All our steaks are flavoured with a unique to molly's,  
home-made seasoning*

## Side orders

Garlic Bread / With Cheese	£3 / £4
House salad & ranch dressing	£2.50
French fries	£2.50
Corn on the cob	£2.00
Chunky chips	£2.50
Onion rings	£2.50
Sweet potato fries	£2.50
Buttered mash	£2.50
Coleslaw	£1.50

## Children's Menu

6oz chargrilled rump steak, fries & onion rings	£8
Cod bites, fries & beans	£5
Chicken goujons, fries & beans	£5
Cheese & tomato pizza	£5

## Dessert

White chocolate & baileys cheesecake  
With strawberry compote £5.50

Warm raspberry jam & Bakewell tart  
with cream £5.50

Chocolate brownie, chocolate (GF)  
sauce & vanilla ice cream £5.50

Belgian waffle, maple syrup,  
blueberries & vanilla ice cream £5.50

American style vanilla, strawberry or chocolate ice cream

2 scoops - £2.50

3 scoops - £3.50

